

# -WINTER 2023/2024-



## We've been busy!

and start to 2024. Fire crews, engines with operators, full-service base camps, catering for firefighters and first responders, lodging for event security, equipment rentals, and forestry work are all a part of what we provide nationwide on a very regular basis. It is our staffing and culture of excellence that carry us, and we are all thankful to be part of the GFP Response team.

## Training & More

We are actively recruiting for all positions for the 2024 year. Please spread the word. Did you know that pay rates for firefighters have increased dramatically for 2024? Please call 541-967-8425 if you would like more information. We need workers for all positions: firefighters, base camp, food service, and flaggers. Did you know that if you're a GFP employee and refer someone to GFP to become part of our team you get fifty cents for every hour the referred employee works for the entire year? If you know someone who wants to work and be a part of a great company, please refer them to GFP. They can call 541-967-8425 to apply. They can also visit our website at gfpenterprises.com Please spread the word! Refer a friend or family member.

Keep a look out for upcoming training classes for 2024. We hope to see you soon!



### From our C.E.O, Donald Pollard

Reflecting on 2023, the word that comes to my mind is "thankful". I am thankful for such a great organization to be part of. I am thankful for the extraordinary life experiences and relationships our business provides. I am thankful for our employees, vendors, and customers. I am thankful for the wonderful people I get to work with every single day. We have truly been blessed with an abundance of work and opportunities. I thank God every day for this business, for our employees, vendors, and customers. The future is very bright for GFP and its employees. We have never been in a better position on all fronts to have opportunities for our employees to work, grow, and be part of something special. Take time to reflect when you can and think about all the good things going on in our organization. And if you want to be happy, take the time to write down all the things you are thankful for. The happiest people that I know are those that are thankful and full of gratitude.

What a year it was. Hear are just a few pictures of some of the work we performed.







#### We've added some new faces to our team!

Jan Hayes, Chief Financial Officer
Jason Stuvland, General Manager of Equipment
David Pena, Kitchen Manager
Mark Lambert, IT and Procurement
Ethan Stengel, Equipment Rental Manager
Monica Bradley, Executive Payroll Assistant/HR
Reece Larrabee, Operations Support
Roman Butler, Operations Support
Noah Pittman, Operations Support
Corbin Walden, Operations Support



A few of our amzing employees at this year's banquet





We are getting more jobs that require at least OSHA-10 qualification. If you would like to get certified with OSHA-10 or OSHA-30 please contact our training offices at 541-967-8425. Getting this certification will ensure you are qualified to work on certain jobs that we are awarded. The training is being paid for by us and is free to you, so take advantage of the opportunity and get your OSHA certification. Safety is everyone's responsibility. Please keep safety first at all times!

EMPLOYEE FEATURE

## **MEET KIETH PARKER!**

How long have you been firefighting? I have been fighting fire for 22 years. What are your hobbies or interests?



I like to fish and ride motorcycles. And especially like to hangout with my wife and dogs.

What do you like best about working for GFP?

What I like about GFP is the family atmosphere. You feel like you are apart of good team.

If you could tell your fellow employees one thing, what would it be?

I would tell them to have fun. Our job is hard enough, try to have a good time doing it.

If you could have lunch with anybody in the history of mankind, who would it be?

If I could have lunch with one person in history, it would have to be my dad. So I could tell him about his grandchildren and all the things that have been accomplished since his passing.



#### Lay your burdens down

The work being done at GFP is important as it often is connected to an imminent danger, a raging fire or a community facing an unforeseen natural disaster. One of the questions that I'm often asked as a pastor working with people on the front lines is this; "Who takes care of the caretakers?" In other words, how are the psychological wounds being tended by those who continue to bravely sacrifice of themselves for the good of others?

Let me encourage you in three very specific ways as you consider moving toward greater interpersonal health in 2024.

#1- Share your burden!

"A burden carried by two is half a burden" -Ancient Proverb

Consider the words of Jesus from Matthew 11

"Come to me all who are weary and heavy laden and I will give you rest. My yoke is easy and my burden is light"

Notice the invitation; "COME". We're invited to come to God with our real needs and our real burdens. Many of us have heard the message; "You need to bear your own load" and have come to even believe it as truth. But that is not what Jesus says, rather he says to come to Him, He wants to help carry your load.

#2- Be honest about your limitations

ay I encourage you this next year to embrace and celebrate the gift of limits! Instead of pretending you have sovereign power and never-ending energy I encourage you to embrace your limits. Pretending you're a limitless supply of wisdom, energy and problem solving will not lead to a healthy life. Perhaps the word "no" is a new tool you need to employ in 2024.

#3- Cultivate joy in your daily rhythms

"Most of our sadness comes from listening to ourselves instead of preaching to ourselves"

-Dr. Martyn Lloyd Jones

o you cultivate an attitude of joy and gratitude or do you cultivate an attitude of criticism, complaining and entitlement? When life or a work challenge arise do you blame ther or do you have the mental discipline to reframe a setback into an opportunity? But you might say; "What do I have to be grateful for?" Well, good question; the gift of life, the gift of family and friends, the gift of a job, the food you ate today, the car or bike you drove, the bed you got to sleep in.....you get the drift.

Cultivate the life of joy one appreciation at a time.

Blessings to all at GFP in 2024 -Ryan Moffat

Ryan serves as a chaplain for GFP. If you are experiencing psychological, spiritual or emotional need please reach out to Ryan for help. He's available at rmoffat@sisterschurch.com

## **Mental Health Resources:**

#### HEROS HEALTH APP

A free app that establishes first responders to track their mental

well-being and easily access mental health resources.

#### SHARE THE LOAD-

A support program for firefighters and EMTs. Visit their website for resources to find local providers who are

trained to help firefighters, EMS providers, rescue

workers, and their families.

https://www.nvfc.org/programs/share-the-load-program

#### For Immediate Support:

NATIONAL SUICIDE PREVENTION LIFELING (call or chat online)

-1-800-273-8255

https://suicidepreventionlifeline.org

NATIONAL HELPLINE

1-800-622-HELP (4357)

**CRISIS HELPLINE** 

Text HOME to 741741

